



Close friends,

I am very pleased to be with you at the end of winter. As you will have noted on Facebook, the new web site and our shop are on-line. I want to take this opportunity to thank Gloria Mundi Fundation for its collaboration.

A long-term work, numerous exchanges and opinion sharing to modernize, to update and to boost our web site. Today, we can be satisfied with the work we have done during the last months and we hope that you are too. It evolve with time to relay our actions and events in France and in India.

This introduction allow me to raise the question of the technical collaboration with a wealth of talented professionals. Nothing has ever been done without the cooperation of healthcare professionals or the support in technical fields for the realization of projects. Without their advices, audits carried and the shared knowledge we would not have been able to contribute to the development of the hospital of Halligudi. A project it is competent women and men who take active steps with FIK. You do not see them on a daily basis but they allow us to make the good decisions and to meet our commitments with you, the donors.

With this newsletter, I want to thank all all these actors. And I would stress that behind a project there is always a team. For us it is a multicultural and multidisciplinary team.

Of course we meet local difficulties. The biggest democracy of the world copes with fundamentalist movements, religious manipulations and affront to fundamental rights. Numerous Non-governmental organizations (NGOs) were thanked. Despite this, our principal value « to help the most deprived » continues to exist today. Thanks to his memorial, FIK's founder Shri Mahesh still hovers over the hospital. We continue to accompany him, to relay his project. But we believe that we should look ahead to the future : with the implementation of the nursery to accompany the young children of Halligudi.

I will be relying on all of you May 22nd, 2018 at 6 pm for the General meeting at the offices of the French Federation of Hatha Yoga (FFHY).

With kind regards

Juliette Sushila Ghatradyal



### The partnership : a collaborative vision of our projects

Since its creation in 1994, FIK never stopped questioning itself to develop its functioning and manage projects based on a quality knowledge. For that purpose, since 2018, the Association revamped its work around a participative logic. In the fields of the health and the education this one is translated by the concept of "multi-actors" partnerships".

Find technical partners and exchange with them be part of our collaborative vision. Partnerships allow FIK to surround itself of a greater number of professionals with complementary roles. Such a perspective evoke an ambition to make a lasting difference.

When Juliette Sushila Ghatradyal took over the Association her first work was to lead a medical audit in the Halligudi's hospital. For that purpose, two doctors, **Doctor Thariat** and **Doctor Briot**, went to Halligudi to observe hygiene practices, the needs of people and the main therapeutic axes on which it was necessary to act. Further to their recommendations, professionals field were in a position to prioritize their activities and to organize hospital facilities.



#### To reach out to people

To break inhabitants' isolation in some remot villages, to communicate about health care facilities and to transport patients when the condition is life threatening, FIK implemented an "ambulance tour".

For that purpose, **SOREGIES** financed the purchase of a new vehicle. Thanks to the ambulance, free medical services were able to be proposed to the underprivileged populations.





### « Give the world a Helping Hands »

Every year since 2011, every year, Helping Hands supports financially an FIK's project. Thanks to it, the medical test laboratory was fully installed according to the respect of medical standard requirements.

These last years, Helping Hands brought are support for the pediatric camps to allow FIK to cover its expenses in medicine and in communication (to promote camps with families). In March, 2016, Christine Tortora went to Halligudi to notice by herself changes brought to the Hospital and professionalism of the teams on the spot. The opportunity also to renew this inter-associative partnership and to evoke the project of the pre-nursery.



*Mars 2016, visits of Christine Tortora, Helping Hands' referent. She came to notice the evolution of the works.*



*A medical laboratory completely renovated to offer it the modernity and the efficiency wished.*

**For their support and their technical evaluation, FIK's team thanks:**

**Eurovia France, Humatem, Electricians without borders, Veolia, Air Liquide, Aramis, the Regional council of Paris and the surrounding area, The Guild, the League of the education, etc.**



**Electriciens sans frontières (ESF) contributed directly to the implementation of the energy self-sufficient in the hospital.**

Within the hospital, frequent power cuts complicated the work of the staff, preventing them to ensure an adequate and uninterrupted service. In a parallel to this first report, the problem of the non-drinking water must be solved to bring the necessary hygiene for which the patients were entitled to wait.

Electriciens sans frontières (ESF) brought its technical expertise to lead an audit and to assess needs on the hospital. The technical evaluations of ESF, the financial support of Air Liquide and the participation of Indian companies (Santosh Electrical, Unipar Energy Systems, Patils Electricals, etc.) brought to FIK the necessary means to begin a big renovation of the hospital.

Other partners brought their financial support to pursue the renovation of the hospital. Air Liquide engages with FIK to finance works of electrification. To acquire an electric self-sufficiency, the hospital equipped itself with a renewable electric system via the installation of batteries UPS. They enable to the tank and the osmoseur (under-sink water filter) to operate more effectively. In 2012, Air Liquide also supported the wall waterproofing of the hospital as well as the assembly of new electric panels and a medical refrigerator.

Thereafter from January, 2012, menial labour as the paint of the canteen walls and the purchase of a new osmoseur (with a capacity of 30 000 ml a day) came to complete the works of modernization of the hospital.



*Electric panels installation and waterproofing of the hospital walls thanks to the financing and to the technical specifications of partners specialized in the domain.*



### Team's words



*« Kofi Annan, Nobel Peace Prize and General Secretary of United Nations from 1997 till 2006, declared: " The only way which offers some hope for a better future for all the humanity is the one the cooperation and the partnership. » I adhere to this declaration in my work life for the international solidarity.*

*Work within FIK' association it's recover this principle of collaboration, exchange and knowledge sharing. United we are stronger ! My concern is to work with you to develop and boost FIK. »*

*Mathilde Lachaud, FIK's General Coordinator*

*« Sri Mahesh's pupil, I attended to the creation of FIK. When his elder daughter Sushila asked me to join the office of the Association, I I was reminded how much that means to Sri Mahesh to sustain FIK. In recognition of his teaching I accepted. I do not regret because thanks to my treasurer's role his teaching continues for me to live.*

*To work all together, to exchange, to share our ideas, it is largely for this reason that I wish to continue my associative commitment with you. "*

*Christine Louppe, Treasurer of FIK*



**YES**, I want to continue Shri Mahesh Actions and help the HALLIGUDI Hospital

I make a donation and I give now :

- 15€       30€       50€       100€

Other amount : .....key figures.....€

I make a donation now and will do so regularly every month all the year through wire bank transfers to FIK Association bank account.

Amount : ..... €

**I joint FIK Association with a yearly contribution of 50 € which allows me to attend the General Annual Meeting**

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